



DCTs and the Evolving Regulatory Acceptance

DCT MAKES CLINICAL RESEARCH WARM

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Japan Society of Quality Assurance
(JSQA)

GCP Subcommittee
Naoki Tsutsumi



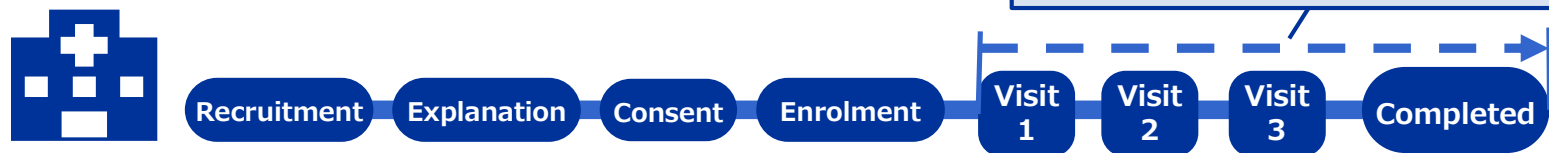
Background of the study

Decentralized Clinical Trials (hereinafter referred to as “DCTs”), which minimize patients’ opportunities to visit medical institutions, are becoming popular mainly in Europe and the United States, and active discussions on DCTs in Japan started between 2018 and 2019. We discussed challenges in promoting DCTs from the perspective of minimum requirements for quality assurance in order to ensure that DCTs would be common practice in Japan and all stakeholders involved in the clinical trials can benefit from them.

- DCTs consist of a combination of multiple technologies (methods), and various methods and components were picked up and discussed.
- Challenges in the operation of DCTs from the viewpoint of quality assurance were identified for each technology (method) and component.
- Examples of discussion items: Measures to address problems, suggestions to the stakeholders related to the clinical trial including the regulatory authorities, approach/concept for quality assurance of the clinical study using each technology (technique).

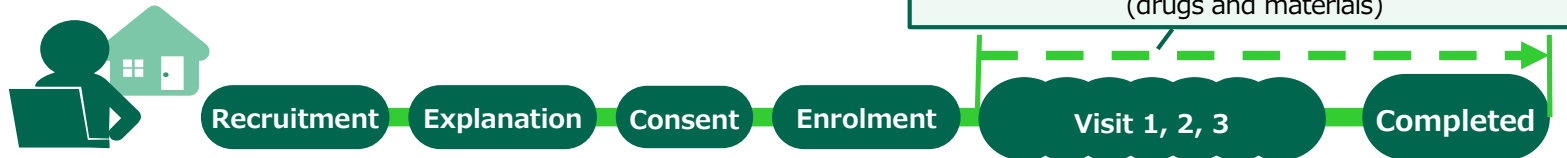
What is a DCT?

【Conventional Clinical Trial : All face-to-face】



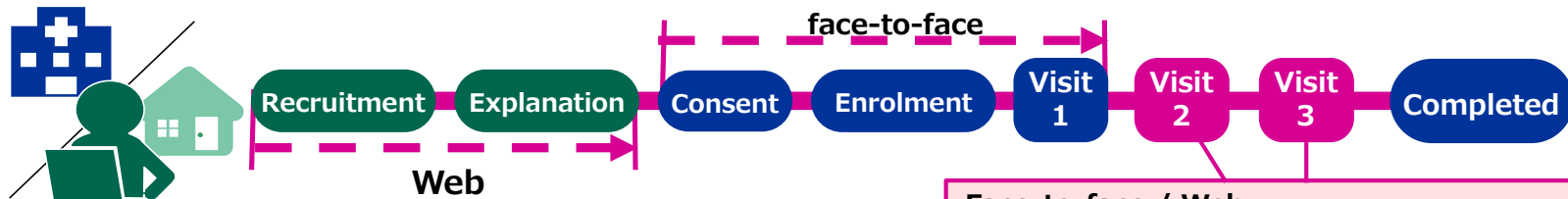
- Medication and material transfer at medical institutions
- Face-to-face medical examinations
- Examination and measurement at medical institutions

【Decentralized Clinical Trial: All Web】



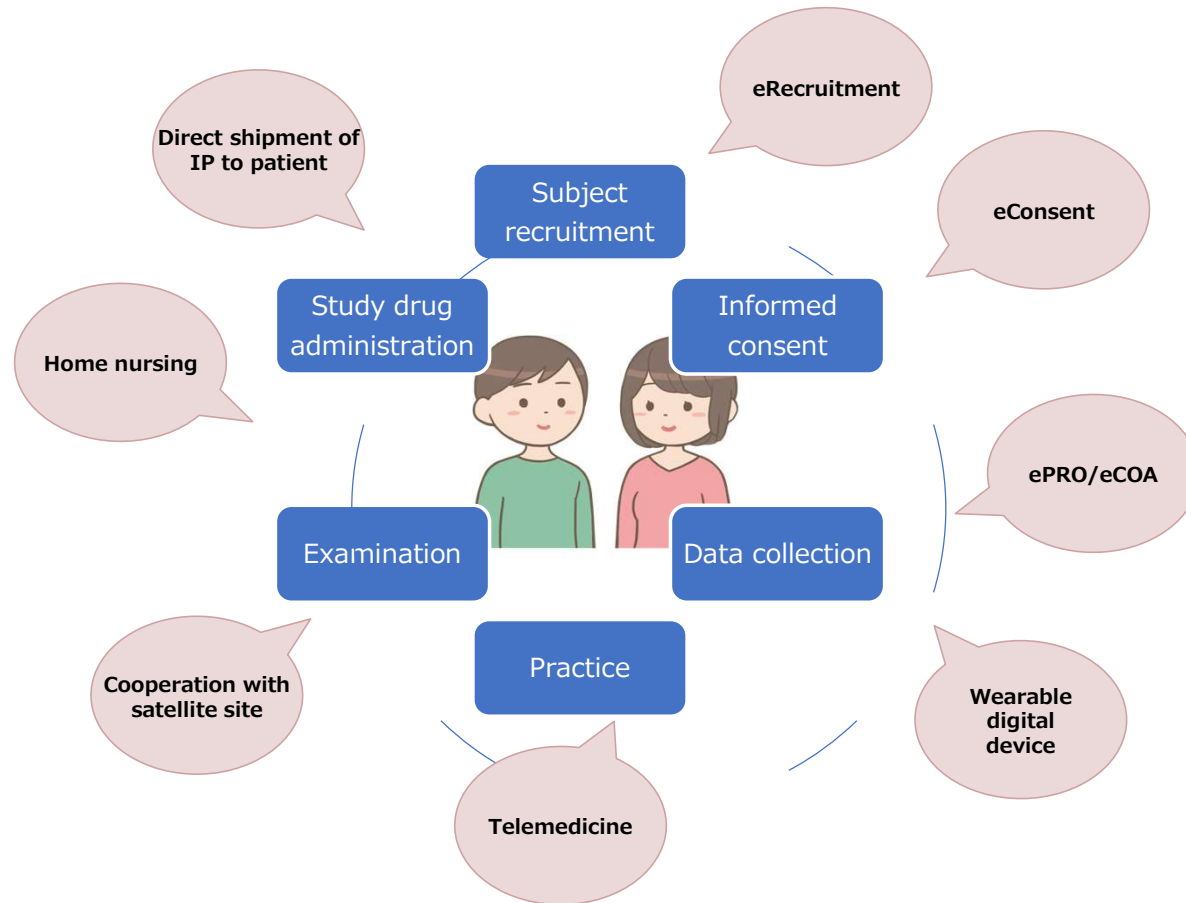
- Telemedicine, home nursing, digital devices, shipping (drugs and materials)

【Clinical trials that do not rely on medical office visits (DCT, hybrid)】



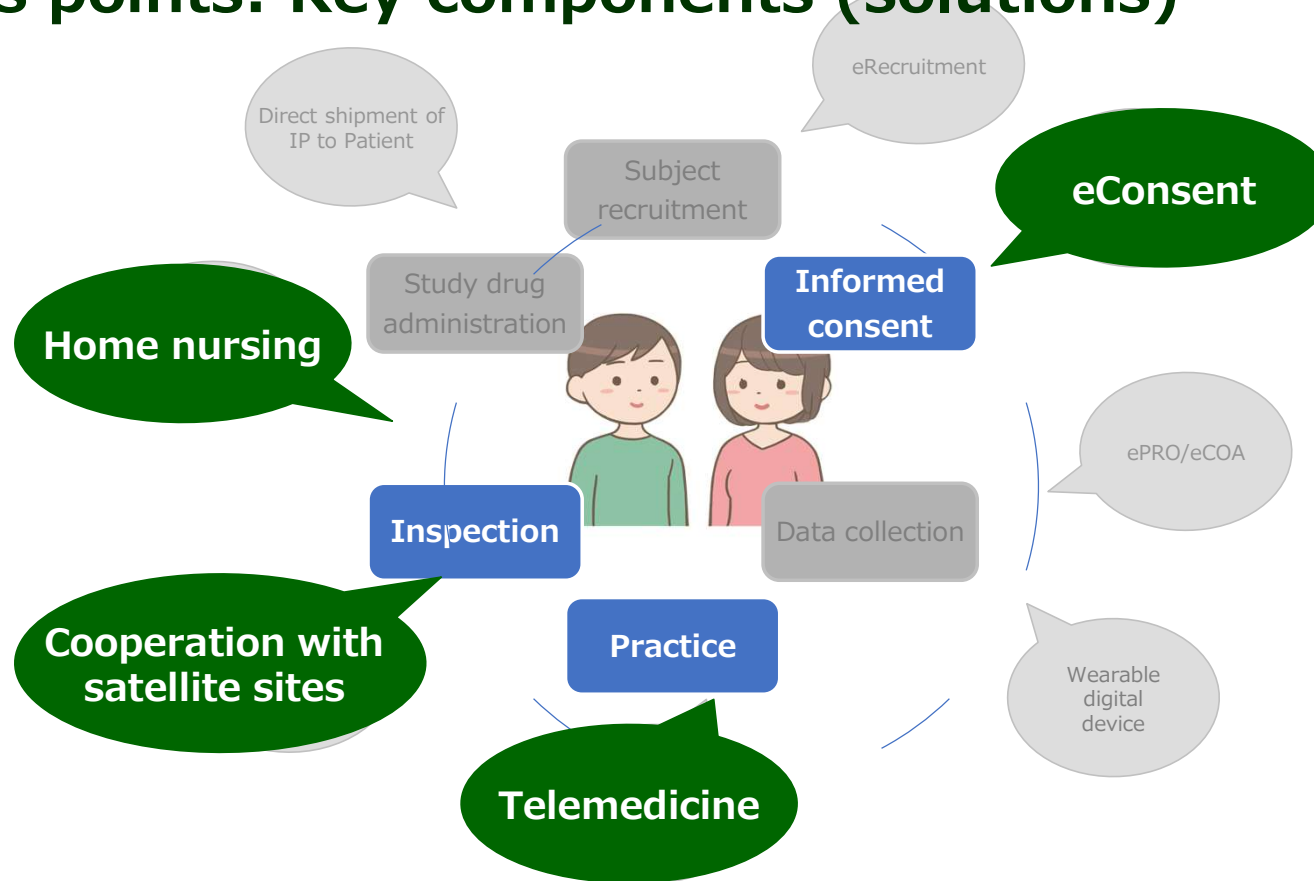
- **Face-to-face / Web**
Combination of medical care and evaluation at a medical facility or at home as needed

DCT Components (Solutions)



Current regulations, guidelines, and what to check for during implementation

Focus points: Key components (solutions)



Japanese regulations and guidelines for key solutions

	Referenced law	J-GCP	Referenced guidelines and guidelines	Other references, guidelines, etc.
eConsent	○		○	○
Telemedicine	○		○ (For general medical care)	
Cooperation with satellite sites			○ (For general medical care)	
Home nursing	○		○ (For general medical care)	

There are no specific regulations or guidelines focused on each solution. Just references.



eConsent

eConsent – Japanese Regulatory Requirements

カテゴリ	法令・ガイドライン名称
Related laws	Act on the Protection of Personal Information (Implemented on April 1, 2022)
	Act on Utilization of Telecommunications Technology in Document Preservation, etc. Conducted by Private Business Operators, etc.” (Act No. 149 of 2004)
	“Act on the Improvement, etc. of Relevant Laws Associated with the Implementation of the Act on the Utilization of Telecommunications Technology in Document Preservation, etc. Conducted by Private Business Operators, etc.” (Act No. 150 of 2004)
	Act on Electronic Signatures and Certification Business (Act No. 102 of 2000)
J-GCP	(No provisions specific to eConsent)
Related Guidelines	•About points of Concern Regarding Consent and Explanation through Telecommunication for Clinical Trials and Post-marketing Clinical Trials (PSFB/Evaluation and Licensing Division Notification 0330 No. 6 and No. 1; March 30, 2023)
	•About Q&A Regarding Submission of Clinical Trial Proposal Involving Pharmaceuticals, Medical Devices, and Processed Cells. (Office Contact, March 30, 2023)
	•Policy for Appropriate Administration of Telemedicine (March 2013 (Partially Revised March 2023)) Physicians overseeing clinical trials should refer to Ver.2.(5).1 of the “Telemedicine Policy” for appropriate use of information and telecommunications systems and general-use services.
	Guidelines for the Appropriate Management of Computerized Systems for Manufacturers and Distributors of Pharmaceuticals and Quasi-Drugs (PFSB/CND Notification 1021 No. 11; October 21, 2010; Ministry of Health, Labour and Welfare)
Other reference guidelines, etc.	ER/ES Guidelines “Use of Electromagnetic Records and Electronic Signatures in Applications for Approval or Licensing of Pharmaceuticals, etc.” (PFSB Notification No. 0401022; April, 1, 2005; Ministry of Health, Labour and Welfare)
	“Ethical Guidelines for Life Science and Medical Research Involving Human Subjects” (Issued March 23, 2021)

eConsent – What sponsors should check



Matters to be specified during the planning stage

- Preliminary consultation with regulatory authorities is recommended when obtaining eConsent.
- Consider educational activities, including how to operate eConsent tool to promote understanding of the benefits of introducing eConsent into subjects, medical institutions, and client companies.
- Prepare to obtain paper-based consent in case of problems with Internet connections or equipment, or when subjects wish to use paper ICF.
- When obtaining consent from a subject remotely, the method of personal identification should be specified.

eConsent – What sponsors should check



Operation side

- Ensure that the institution has procedures for the use of eConsent and electromagnetic records.
- Ensure that a copy of the consent form at the time of obtaining eConsent can be appropriately provided to subjects.
- Provide training and prepare manuals to help the site staff have a better understanding of the eConsent process.
- Prepare a manual for subjects as necessary.
- Check whether there are any problems with the Internet environment at the medical institution where the clinical trial will be conducted and at the remote location where informed consent will be obtained.
- Ensure that all documentation, including video, audio, and websites related to eConsent have been reviewed by the IRB and approved for the consent process.

eConsent – What sponsors should check



Matters related to the IT system to be utilized

- Ensure that the IT system that will be used for eConsent meets applicable regulatory requirements in advance.
- Check whether the eConsent includes the same elements as face-to-face consent.
- Confirm whether there is a system to ensure that the consent process has been properly implemented.
- When obtaining consent from a subject remotely, confirm in advance whether there is a system for obtaining consent after the subject sufficiently understands the content.
- Confirm whether a process and operation have been established for reconsenting, withdrawing consent, or revising the ICF.

eConsent – JSQA’s Opinion

While prior consultation with regulatory authorities is required when applying use of eConsent in instances deviating from guidelines or in instances not listed in established guidelines, **prior consultation is not required and eConsent can be applied when established guidelines are followed!**

Furthermore, it is recommended that both processes for providing and obtaining informed consent be performed remotely. However...

- Thorough **advance preparation** is needed, and prior sufficient consultation and confirmation is needed especially when dealing with service providers.
- Facility protocol and **proper infrastructure must be established**, and an **understanding** on the use of eConsent is mandatory.
- Paper versions of all consent forms must be prepared for times of system error and for when requested by test subjects.
- It is also perceived that use of electronic explanations (via video) can result in a weaker understanding, therefore, supplementary accommodations must also be made available as needed to provide proper face-to-face explanations.
- Extensive and careful attention to detail is necessary for confirming the test subject’s identity, level of understanding, and **their current situation** when using fully-remote eConsent.
- While it is considered possible to acquire eConsent remotely from the first encounter, preparations must be made to have methods ready for directly communicating with test subjects, including video calls and excluding voice-only real-time communication.

As it is possible to search for potential test subjects who haven’t been provided with informed consent explanations, it is believed that explaining and obtaining informed consent remotely is possible. **This means that patients would have more opportunities to participate in clinical trials, and both sponsors and medical institutions partaking in clinical trials would see clinical trials speed up.**



Telemedicine

Category	Name of Laws & Guidelines	
Related laes	"Act on Utilization of Telecommunications Technology in Document Preservation, etc. Conducted by Private Business Operators, etc." (Act No. 149 of 2004)	
J-GCP	(No provisions specific to telemedicine)	
Related guidelines	Guidelines for the Appropriate Management of Computerized Systems for Manufacturers and Distributors of Pharmaceuticals and Quasi-Drugs (PFSB/CND Notification 1021 No. 11; October 21, 2010; Ministry of Health, Labour and Welfare)	
	ER/ES Guidelines "Use of Electromagnetic Records and Electronic Signatures in Applications for Approval or Licensing of Pharmaceuticals, etc." (PFSB Notification No. 0401022; April, 1, 2005; Ministry of Health, Labour and Welfare)	
	Q&A Pertaining to Conducting Clinical Trials on Pharmaceuticals, Medical Devices and Regenerative Medicine Products Under the Influence of the Novel Coronavirus Infection	Gen. Practice
	Guidelines on the Appropriate Implementation of Telemedicine (Health Policy Publication 0330 No. 4; March 30, 2023; Ministry of Health, Labour and Welfare)	Gen. Practice
	Q&A on the "Guidelines on the Appropriate Implementation of Telemedicine " (Health Policy Publication 0330 No. 1; March 30, 2023; Ministry of Health, Labour and Welfare)	Gen. Practice
	Handling of Inappropriate Medical Practices in Telemedicine (Health Policy Publication 1226 No. 2; December 26, 2018; Ministry of Health, Labour and Welfare)	Gen. Practice
	About the Temporary and Exceptional Handling of Medical Treatment, etc. Using Telephones and Information Communication Equipment During the Spread of Novel Coronavirus Infections (Office Contact; April 10, 2020; Ministry of Health, Labour and Welfare)	Gen. Practice
	About the Revision of Temporary and Exceptional Handling of Medical Treatment, etc. Using Telephones and Information Communication Equipment During the Spread of Novel Coronavirus Infections (Part 3) (Office Contact; September 30, 2022; Ministry of Health, Labour and Welfare)	Gen. Practice
	Handling of Sign Language Interpreters, etc. Participating in Telemedicine (Office Contact; August 24, 2020; Ministry of Health, Labour and Welfare)	Gen. Practice
	Precautions, etc. on Temporary and Exceptional Handling of Medical Treatment, etc. Using Telephones and Information Communication Equipment During the Spread of Novel Coronavirus Infections (Office Contact; August 26, 2020; Ministry of Health, Labour and Welfare)	Gen. Practice
Other guidelines for reference	Report on the Implementation Status and Thorough Adherence to Regulations for Use of Telephones and Information Communication Equipment for Primary Diagnosis Medical Care with regard the Temporary and Exceptional Handling of Medical Treatment, etc. Using Telephones and Information Communication Equipment During the Spread of Novel Coronavirus Infections (Public Release) (Office Contact; March 8, 2023)	Gen. Practice
	About Basic Policy for Promotion of Additional Forms of Remote Telemedicine (Health Policy Publication 0630 No. 3; June 30, 2023; Ministry of Health, Labour and Welfare)	Gen. Practice
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Telemedicine – What sponsors should check



Matters to be specified during the planning stage

- During study protocol preparation, the restriction of telemedicine should be considered, and whether safety and efficacy endpoints can be appropriately determined should be fully discussed.
- Consider the policy on compensation in the case of no visit.
- The retention of clinical trial records (items examined in telemedicine, etc.), including records of deviations at the medical institution, should be specified in advance in the protocol, etc.
- Establish measures for AE/SAE required treatment during the visit.
- The protocol should provide information on the benefits and potential disadvantages of telemedicine for patients and their families.

Telemedicine – What sponsors should check



Operation side

- Consent shall be obtained after the subjects have a proper understanding of the advantages and possible disadvantages of telemedicine.
- In order to prevent spoofing (confirmation of personal identity), in principle, both doctors and patients shall confirm their personal identities using identification documents and record the confirmation results.

Telemedicine – What sponsors should check



Matters related to the IT system to be utilized

- When evaluating system vendors, ensure that their IT systems used in telemedicine meet applicable regulatory requirements.
- Specify the operation of the system.
- Specify the measures to be taken in the event of a system failure.

Cooperating with Nearby Medical Institutions/Home-visit Nursing Care Services – Points of Note when Auditing/Being Audited in Decentralized Clinical Trials (DCT)

<Applies to Sponsors, Medical Institutions Participating in Clinical Trials, and Nearby Medical Institutions>

- The **scope of business must be clarified** when analyzing the clinical trial implementation system along with confirmation of whether parties involved have entered into a contract based on Article 13 of the **Contract for Clinical Trials** or Section 2 of Article 39 of an **Outsourcing Contract**.
- Confirmation of **home-visit nursing care service selection and their selection record** is required. This includes recording if an at-home clinical trial vendor will participate or not, and if not, then consultations must be held with local hospitals and clinics regarding cooperation (regional cooperation).
- There must be **a clear breakdown of roles shared** for each **and the organization of the clinical trial implementation system** involving satellite medical institutions, home-visit nursing care services, home-visit clinical trial vendors, etc.
- Exploration of creating **a supplementary required procedural manual for emergency care response, among other instances**, in addition to existing procedural manuals must occur. (Example: Procedures for at-home administration, procedures for transferring and safekeeping of investigational new drugs, etc.)
- The sponsor **will assume responsibility for training and management**, while either the sponsor or the medical institutions participating in clinical trials and/or nearby medical institutions will implement **home-visit nursing care station training**. (Nursing care to be provided under the direction of the core clinical hospital)

Telemedicine – JSQA’s Opinion

- Thorough analysis is to be performed for each individual clinical trial, and it is thought that **revisions will be necessary, as proper countermeasure review will be needed for stakeholders** and regulatory authorities when issues arise. In that event, individuals **will also refer to related notices** for telemedicine with regard to standard medical treatment.
- It is recommended to **refer to case studies** as they relate to telemedicine.
- It is thought that there will need to be a feasibility analysis, and both sponsors and medical institutions participating in clinical trials will have a mutual reconciling regarding **cost of compensation/reimbursements for expenses incurred, telemedicine medical itemization surcharges, and infrastructure cost burden necessary for telemedicine.**



Satellite Sites

Collaborate with Satellite Sites/Home Nursing – Japanese regulatory requirements

Category	Name of laws and guidelines
Related laws	Health Insurance Act (Act No. 70 of 1922) general practice
	Long-Term Care Insurance Act (Act No. 123 of 1997) general practice
J-GCP	(No specific regulations for cooperating with neighboring medical institutions/home-visit nursing)
Related guidelines	Q&A Pertaining to Conducting Clinical Trials on Pharmaceuticals, Medical Devices and Regenerative Medicine Products Under the Influence of the Novel Coronavirus Infection general practice
Other reference guidelines, etc.	N/A

Working with Satellite Sites – What sponsors should check



Matters to be specified during the planning stage

- The roles and responsibilities of satellite sites in clinical trials should be clarified.



Operation side

- Execute contract with the clinical trial site and/or sponsor.
- Keep the results of lab tests, examinations, etc. performed at satellite sites as source documents for the period specified by GCP. (Article 41, Paragraph 2 of GCP)
- List in the clinical trial notice as the clinical trial site.
- Establish a system and procedures and develop SOPs.

*Satellite site: A medical institution located close to the patient's home that performs clinical trial-related practices for the patient based on the instructions of, or in cooperation with, the clinical trial site.

Home Nursing – What sponsors should check



Matters to be specified during the planning stage

- Clarify the roles and responsibilities of nurses who perform home nursing in the clinical trial.



Operation side

- Execute contract with a home nursing station, a medical institution that performs home nursing activities, and/or sponsor.
- In order to utilize home nursing specified by the study protocol, the system and procedures should be established and documented between the clinical trial institution and the home nursing station/medical institution.

Cooperating with Nearby Medical Institutions/ Home-visit Nursing Care Services – JSQA’s Opinion

- **Clarify the scope of business** and the DCT implementation system. Confirm whether the trial falls under a contract based on Article 13 of the **Contract for Clinical Trials** or Section 2 of Article 39 of an **Outsourcing Contract**.
- Thorough analysis is to be performed for each individual clinical trial, and it is thought that **revisions will be necessary, as proper countermeasure review will be needed for stakeholders** and regulatory authorities when issues arise. Furthermore, **refer to the Health Insurance Act, the Long-Term Insurance Care Act, and related notices**.
- It is recommended to **refer to prior existing case studies** as they relate to cooperation with nearby medical institutions and home-visit nursing care services.

Summary of JSQA's Opinion

「Why DCT」

- Has the potential to create ideal clinical trial implementation environments for both subjects and sponsors.

「What DCT」

- The usage scope of the DCT may also change based on the trial's specialty (disease, protocol).

「How DCT」

- Consider how each trial and facility can respond by referring to existing case studies.

「Shape DCT」

- Implement feasible components found via accumulated case studies.

「Future DCT」

- Create better policies and guidelines by learning from accumulated case studies (including Trial & Error).

DCT Models

Use of DCT Solutions

表1 海外事例で調査した臨床試験で使用された、実施医療機関への来院に依存しない臨床試験手法のまとめ

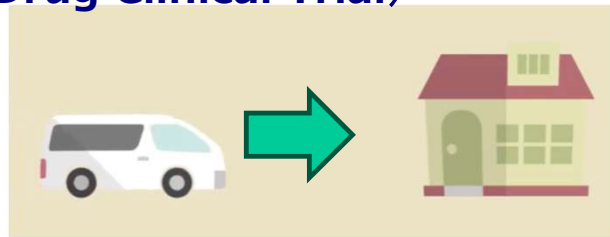
状況*	試験名等	来院の有無	Webや患者レジスタリを用いた患者募集	遠隔同意取得	オンライン診療	配送			訪問看護		遠隔データ収集
						試験薬(治療薬)の直送	被験者からの検体回収	デバイスの直送	訪問看護(採血のみ)	訪問看護	
実施済	NCT01302938/REMOTE	無	○	○	×	○	×	○	○	×	○
	NCT01694667	無	○	○	×	○	×	×	×	×	○
	VERKKO	無	○	○	-	-	-	○	-	-	○
	NCT02506244/mSToPS	無	○	○	×	×	×	○	×	×	○
	NCT02376166/M-RePoRT	有	×	×	○	-	-	-	-	-	○
	NCT02727543/MedISAFE-BP	無	○	○	×	×	×	○	×	×	○
	NCT02709330	有	×	×	×	○	×	×	×	×	○
	NCT02832063	無	○	○	○	○	○	-	-	-	○
NCT03150797/MAP	有	○	×	×	○	-	-	-	-	○	
実施中	NCT03090321/MHC	無	○	○	×	×	×	×	×	×	○
	NCT02697916/ADAPTABLE	無	○	○	×	×	×	×	×	×	○
	NCT03728933	無	○	○	○	○	-	-	-	-	○
	NCT03538262/AT-HOME PD	無	×	○	○	×	×	×	×	×	○
	NCT03172026/MAROS	-	-	-	-	-	-	-	-	-	○
	NCT03924414 /TOPAZ	無	○	○	○	-	-	-	×	○	○

※：表の「○」は実施していること、「×」は実施していないこと及び「-」は情報が入手できなかったことを意味している。

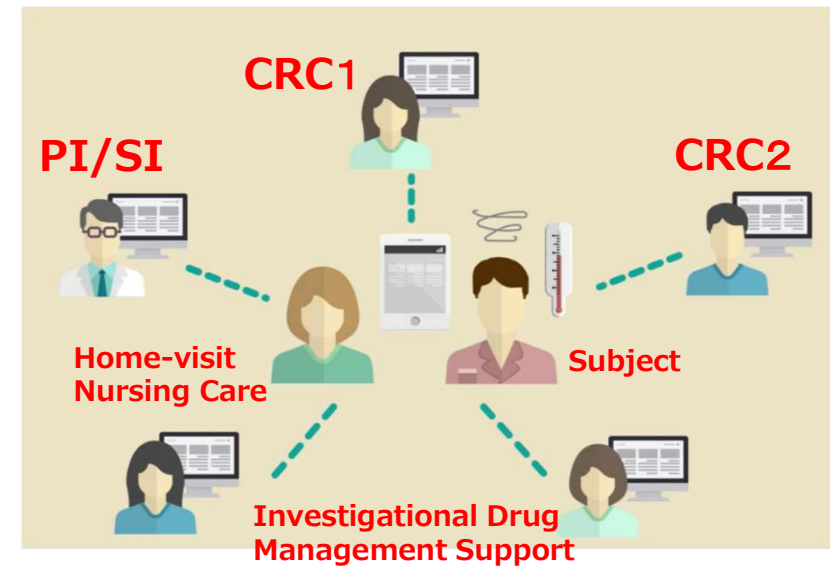
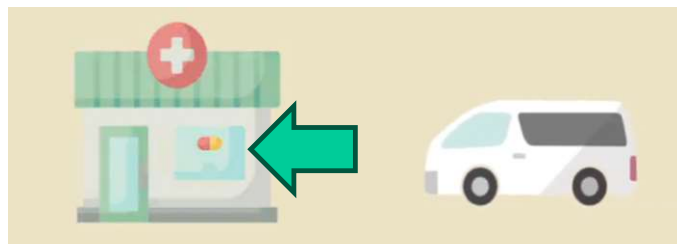
「日本製薬工業協会医薬品評価委員会 部会資料「医療機関への来院に依存しない臨床試験手法の導入及び活用に向けた検討」別添1.「海外で実施された DCT の個々の試験の要約」より
https://www.jpma.or.jp/information/evaluation/results/allotment/lofurc000005jr6-att/tf3-cdt_01.pdf

DCT Model/Clinic

Domestic Clinic DCT Model (COVID-19 Investigational Drug Clinical Trial)



1. Subject home-visit via DCT car



2. Online Meeting System:

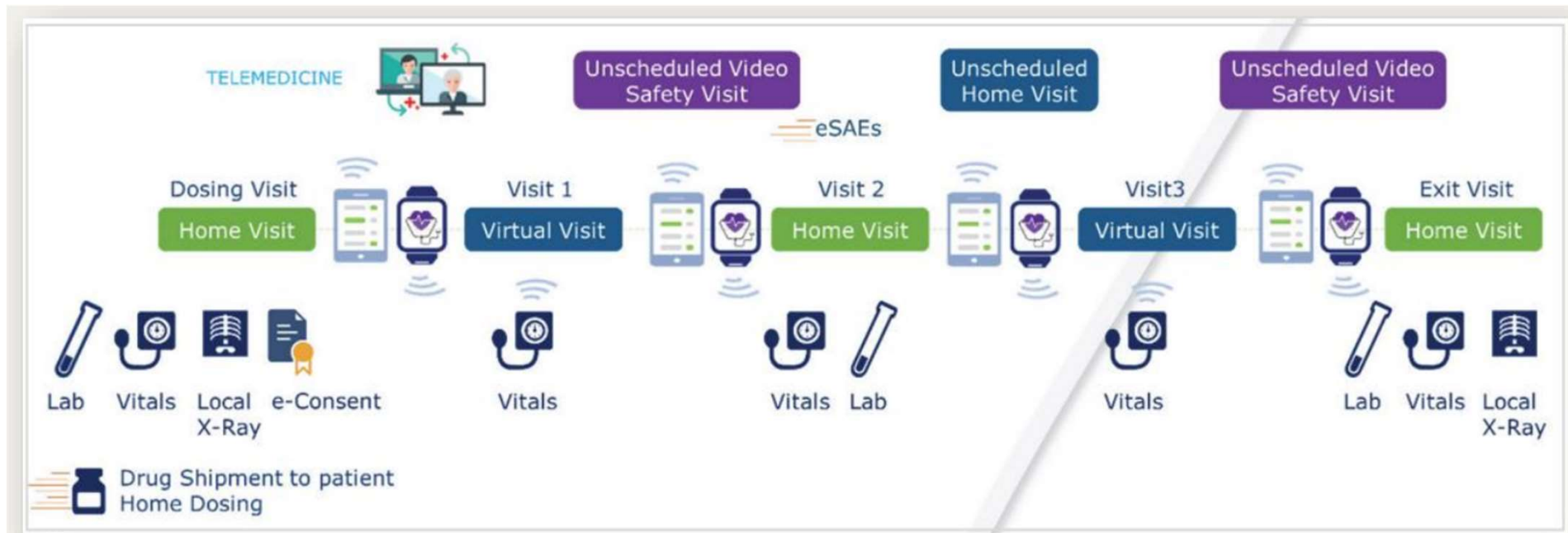
- 2-1 Provide & Obtain Written Informed Consent
- 2-2 Specimen Collection
- 2-3 Survey Observation & Recording
- 2-4 Confirm Investigational Drug Administration

Results are recorded in a timely manner in cloud-based electronic clinical records

Refer to Tokyo center clinic website
https://www.youtube.com/watch?embeds_referring_euri=https%3A%2F%2Ftokyo-center-clinic.studio.site%2F&source_ve_path=Mjg2NjQsMTY0NTAz&feature=emb_share&v=mYAA5Ig4I44

DCT Models

ARO in US



ACRP2023 The University of Uta発表資料より

Concerns on Data integrity in DCT

- **Data access**
- **Data security**
- **Dispersion of original data and source documents**
- **Accident response**
- **Monitoring**
- **Audit**
- **PI oversight**
- **Other risks (Protocol design, Target disease, Characteristics of the investigator site, environment of the subjects, etc.)**



Thank you